



“I researched three other facilities in other parts of the United States, and nothing compares to this place.”

SHAROL GEISSER, former client
East Helena, Montana

“There are no words that can express my gratitude to the instructors and staff at BVRS.”

For more than 100 years, BVRS has assisted persons with vision loss, blindness and other disabilities to become independent.

Services include:

- Computer Training
- Independence Skills
- Vocational Rehabilitation
- Employment Support
- Orientation & Mobility
- Home-based Training
- Case Management
- Preschool Vision Screening
- Transportation
- Nutrition, Exercise, and Wellness



**Blind & Vision Rehabilitation
Services of Pittsburgh**

Personal Adjustment to Blindness Training Program

Let BVRS help you!

1800 West Street
Homestead, PA 15120
412-368-4400
www.BlindVR.org

Personal Adjustment to Blindness Training

PABT is a comprehensive immersion program individually tailored to help you learn to live with vision loss. Instruction is offered in:

- Communications — audio devices, handwriting, Braille, computer use
- Household management — safe cooking, laundry
- Mobility — shopping, safe travel skills
- Personal grooming — makeup, shaving, eating
- Exercise — coordination, balance

- Sensory training
 - Leisure time skills — crafts, bowling
 - Wellness classes — proper nutrition
 - Individual or group counseling
- Enrollment is open throughout the year. The PABT residential program averages 8 to 12 weeks, with classroom instruction from 8 a.m. to 4 p.m., Monday through Friday. Meals are provided, and staff are available in the building seven days a week. Various evening and weekend entertainment events are offered.

COST

The Pennsylvania Bureau of Blindness and Visual Services

sponsors most clients for training. Other funding sources and limited scholarships may be available.

LOCATION

The PABT program takes place in one building — our BVRS facility is in a residential neighborhood of Homestead. You live in the dormitory during the week, and if desired, are welcome to return home on weekends.

HOW TO GET STARTED

Call our Information & Referral Specialists today at
Phone: 412-368-4400
Toll Free PA: 1-800-706-5050
TDD: 412-368-4095